



GlobalFit puts a healthier you within reach

As the nation's #1 provider of healthy living benefits, GlobalFit lets you and your family enjoy convenient, affordable access to a range of fitness and wellness options, including GlobalFit's nationwide fitness club network.

GlobalFit's network of **over 2,000 fitness clubs** includes well-known national chains and local facilities. Through GlobalFit, you can join at **the lowest rates** and with the most **flexible membership options**.

GlobalFit also offers **weight-loss programs, home exercise options, smoking cessation and Health Coaching**, one-on-one guidance from a trained professional to help you set and meet health goals.

To get more information:

Complete our online Benefit Information Form at
www.globalfit.com/benefitinfo.

To get started today:

- Visit www.globalfit.com or call GlobalFit at **800-294-1500**.
- Select a fitness club or program.
- Join or get a free guest pass.

www.globalfit.com
800-294-1500

GlobalFit benefits are not offered to the general public or available directly through fitness clubs. These benefits are made possible through the sponsorship of your employer, membership or group. Membership to a club of which you are a current member is not available. Membership also may not be available to a club if you have been a member of that club within the past 12 months. Please visit www.globalfit.com or call 800-294-1500 for more information on memberships and eligibility.